

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly – OLR 3:30 Hymn Singing - PLR 6:30 Movie- PLR</p>	<p>4 9:30 Chair Exercise w/ Tonya- PCR 10:30 Palms Association Meeting - PLR 1:30 \$1 Bingo- PDR 2:00 Stretch & Move -- PCR 3:00 Aqua Exercise – Oaks</p>	<p>5 9:30 Mobility Video – PLR 10:00 Communion- PGR 10:30 Banking w/ Brian 1:00 Bridge- PCR 1:30 Tai chi video- OLR 1:00 Tie-Dye Shirts! (MANDATORY SIGN UP!) – PCY 3:00 Why The First Constitution of the United States Matters- (Dick Miller) PLR 4:45 Welcome New Resident Table - PDR</p>	<p>6 9:30 Chair Exercise w/ Tonya- PCR 10:30 Card Making- PAR 10:30 Rite Aid 2:30 Oaks Association Meeting 3:00 Scrabble – PAR 6:30 Mexican Train - PDR</p>	<p>7 9:30 Yoga w/Mary Ann- PCR 10:00 Bible study- GC 10:30 Finishing Butterfly Keychain - PLR 1:00 Mahjong Game- PGR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. & Wine- OT</p>	<p>8 9:30 Chair Exercise w/ Tonya- PCR 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring- PAR 3:00 Cornelius Florence (Pianist) - PLR</p>	<p>9 9:30 Mindful Meditation - PCR 10:30 Gentle Yoga- PCR 12:00 Movie- PLR 1:30 Arts and Crafts 6:30 Movie- PLR 3:00 Aqua Exercise – Palms 6:30 Mexican Train</p>
<p>11 9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly - OLR 6:30 Movie- PLR</p>	<p>12 9:30 Chair Exercise w/ Tonya- PCR 10:30 Walmart & Marshalls 1:30 \$1 Bingo- PDR 2:00 Stretch & Move -- PCR 3:00 Aqua Exercise – Oaks 3:00 The Bald Spots - PLR</p>	<p>13 9:30 Mobility Video – PLR 10-3 Chair Massage - PAR 10:00 Communion- PGR 1:00 Bridge- PCR 1:30 Tai chi video- OLR 3:00 Drumming for Wellness- PLR</p>	<p>14 9:30 Chair Exercise w/ Tonya- PCR 10:30 Craft & Chat- PAR 11:00 Picnic & Elephant Seal Watching (Cambria) 2:00 Memoir Workshop - PGR 3:00 Scrabble – PAR 6:30 Mexican Train - PDR</p>	<p>15 9:30 Yoga w/Mary Ann- PCR 10:00 Bible study- GC 1:00 Mahjong Game- PGR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. & Wine- OT</p>	<p>16 9:30 Chair Exercise w/ Tonya- PCR 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:00 Greeters Committee Meeting- PGR 1:30 Water coloring- PAR</p>	<p>17 9:30 Mindful Meditation - PCR 10:30 Gentle Yoga- PCR 12:00 Movie- PLR 1:30 Arts and Crafts 6:30 Movie- PLR 3:00 Aqua Exercise – Palms 6:30 Mexican Train</p>
<p>18 9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly – OLR 3:30 Hymn Singing - PLR 6:30 Movie- PLR</p>	<p>19 9:30 Chair Exercise w/ Tonya- PCR 1:30 \$1 Bingo- PDR 2:00 Stretch & Move -- PCR 3:00 Aqua Exercise – Oaks 3:00 Rick Jarrett- PLR</p>	<p>20 9:30 Mobility Video – PLR 10:00 Communion- PGR 10:30 Banking w/ Brian 1:00 Bridge- PCR 1:30 Tai chi video- OLR 1:30 Snowcone Social- PCY 4:45 Welcome New Resident Table - PDR</p>	<p>21 9:30 Chair Exercise w/ Tonya- PCR 10:30 Target 10:30 Card Making- PAR 3:00 Scrabble – PAR 6:30 Mexican Train - PDR</p>	<p>22 9:30 Yoga w/Mary Ann- PCR 10:00 Bible study- GC 1:00 Mahjong Game- PGR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. & Wine- PLR</p>	<p>23 9:30 Chair Exercise w/ Tonya- PCR 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:00 Orientation 1:30 Water coloring- PAR</p>	<p>24 9:30 Mindful Meditation - PCR 10:30 Gentle Yoga- PCR 10:30 Book Club-PAR 12:00 Movie- PLR 1:30 Arts and Crafts 6:30 Movie- PLR 3:00 Villages Voices 3:00 Aqua Exercise – Palms 6:30 Mexican Train</p>
<p>25 9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly - OLR 6:30 Movie- PLR</p>	<p>26 9:30 Chair Exercise w/ Tonya- PCR 10:30 Trader Joes 1:30 \$1 Bingo- PDR 2:00 Stretch & Move -- PCR 3:00 Aqua Exercise – Oaks</p>	<p>27 9:30 Mobility Video – PLR 10-3 Chair Massage - PAR 10:00 Communion- PGR 1:00 Bridge- PCR 1:30 Tai chi video- OLR 3:00 Birthday Cocktail Party w/ Will White - PLR</p>	<p>28 9:30 Chair Exercise w/ Tonya- PCR 10:30 Craft & Chat- PAR 11:00 Taste Lunch 2:00 Memoir Workshop - PGR 3:00 Scrabble – PAR 5:00 Once Upon a Short Story - PDR 6:30 Mexican Train – PDR</p>	<p>29 9:30 Yoga w/Mary Ann- PCR 10:00 Bible study- GC 1:00 Mahjong Game- PGR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. & Wine- OT</p>	<p>30 9:30 Chair Exercise w/ Tonya- PCR 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring- PAR 3:00 Tim Pacheco - PLR</p>	<p>31 9:30 Mindful Meditation - PCR 10:30 Gentle Yoga- PCR 12:00 Movie- PLR 1:30 Arts and Crafts 6:30 Movie- PLR 3:00 Aqua Exercise – Palms 6:30 Mexican Train</p>

PLR = Palms Living Room PCR = Palms Community Room PAR = Palms Arts & Crafts Room OT = Oaks Movie Theater PDR = Palms Dining Room ODR = Oaks Dining Room PGR = Palms Garden Room PCY = Palms Courtyard

August Movie List

Movies will play in The Oaks Theater M-F @ 12pm and in The Palms Living Room @ 6:30pm

Weekends in The Palms Living Room at 12pm & 6:30pm

1. Airport – Netflix / 1970
2. Indiana Jones and The Last Crusade – Prime / 1989
3. Queen Bee’s – Netflix / 2021
4. Shakespeare In Love – Prime / 1999
5. When Harry Met Sally – Prime / 1989
6. Hillbilly Elegy – Netflix / 2020 *
7. About Last Night – Hulu / 1986
8. The Best Exotic Marigold Hotel – Prime / 2012
9. Brooklyn – Prime / 2015
10. Thelma – Prime / 2024 *
11. Babette’s Feast – Apple Tv, Prime / 1987 *
12. Marriage Story – Netflix / 2019
13. Gaslight – Apple Tv, Prime / 1944 *
14. Ezra – Prime / 2024
15. Bicycle Thieves – Apple Tv, Prime / 1949 *
16. Tootsie – Prime / 1982
17. Wicked Little Letters – Netflix / 2023
18. Woman in Gold – Prime / 2015
19. March of The Penguins – Apple Tv, Prime / 2005 *
20. Prime & Prejudice – Prime / 2005
21. Mephisto – Apple Tv, Prime /1981 *
22. Sense and Sensibility – Prime /1996
23. Working Girl – Hulu / 1988
24. Seven Samurai – Apple Tv, Prime / 1954 *
25. Paint – Hulu / 2023
26. North by Northwest – Apple Tv, Prime / 1959 *
27. Arthur The King – Prime / 2024
28. Bringing Up Baby – Apple Tv, Prime / 1938 *
29. Children of Paradise – Prime/1946 (Film is French with English Subtitles)*
30. Gifted – Prime / 2017
31. We Bought a Zoo – Prime / 2011

August Campus Events

- Tie-Dye Shirts 8/6 @ 1:30pm
- Drum Circle 8/13 @ 3:00pm
- Snowcone Social 8/20 @ 1:30pm

August Shopping

- Rite Aid 8/7 @ 10:30pm
- Walmart/ Marshalls 8/12 @ 10:30pm
- Target 8/21 @ 10:30pm
- Trader Joes 8/26 @ 10:30am

August Outings

- Picnic / Elephant Seal Watching 8/14 @ 11:00am
- Taste Lunch 8/28 @ 11:00am

August Birthdays

- Harry Sharp 8/1
- Vi Matlin 8/3
- William Smith 8/6
- Trudy Romanelli 8/11
- Wilma Grise 8/25
- Janice Townsend 8/26
- Moira Wunderlich 8/2
- Kathryn Baird 8/5
- Nancy Robertson 8/8
- Laurie King 8/19
- Mary LaFaille 8/25
- Carol Holm 8/27

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