

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:30 Chair Exercise w/ Tonya- PLR  
10:30 Stretch & Move - PLR  
**10:30 Rite Aid**  
3:00 Rummikub - PGR  
6:30 Mexican Train – PDR

New Year's Day

10:00 Bible Study – GC  
1:00 Mahjong Game – PGR  
1:30 \$2 Bingo – PDR  
3:00 Doc & Wine - PLR

9:30 Chair Exercise w/ Tonya- PLR  
10:00 Bible Discussion- GC  
11:00 Lip Reading- PGR  
1:30 Water coloring- PAR  
**3:00 Les Beck - PLR**

9:30 Mindful Meditation - PLR  
10:30 Gentle Yoga - PLR  
11:30 Jewelry Making - PAR  
12:00 Movie  
6:30 Mexican Train  
6:30 Movie- PLR

9:30 Church Rides  
9:30 Gentle Yoga – PLR  
10:30 Stretch & Move – PLR  
11:30 Craft / Chat – Easy Beading Necklace - PAR  
11:30 Walking Group  
12:00 Movie – PLR  
3:00 Hymn Singing  
6:30 Movie - PLR

9:30 Chair Exercise w/ Tonya- PLR  
**10:30 Palms Association Meeting**  
1:30 \$1 Bingo – PDR

9:30 Mobility Video – PLR  
10:00 Communion – PGR  
**11-11:30 New Bible Study w/ Rev vonSchmidt - PGR**  
10:30 Banking w/ Brian  
**12-2 CWA Trishaw Passenger Rides**  
1:00 Bridge – PDR  
2:30 Scrabble – PGR  
**5:00 New Resident Dinner Table - PDR**

9:30 Chair Exercise w/ Tonya- PLR  
10:30 Stretch & Move – PLR  
**10:30 Rock n Roll Diner / Pismo Monarch Butterflies**  
**2:30 Oaks Association Meeting – OT**  
3:00 Rummikub - PGR  
6:30 Mexican Train – PDR

10:00 Bible Study – GC  
**11:00 Book Mobile – GC**  
1:00 Mahjong Game – PGR  
1:30 \$2 Bingo – PDR  
3:00 Doc & Wine - PLR

9:30 Chair Exercise w/ Tonya- PLR  
10:00 Bible Discussion- GC  
11:00 Lip Reading- PGR  
1:30 Water coloring- PAR  
**3:00 Bill Harland Banjo/Violin Duet - PLR**

9:30 Mindful Meditation - PLR  
10:30 Gentle Yoga - PLR  
11:30 Craft / Chat – Candy Dish - PAR  
**10:30 Memoir Workshop-PGR**  
12 :00 Movie  
3 :00 Village Voices  
6 :30 Mexican Train  
6 :30 Movie- PLR

9:30 Church Rides  
9:30 Gentle Yoga – PLR  
10:30 Stretch & Move – PLR  
11:30 Jewelry Making - PAR  
11:30 Walking Group  
12:00 Movie – PLR  
**1:00 Camp Fire Central Coast Salute to Veterans - GC**  
6:30 Movie - PLR

9:30 Chair Exercise w/ Tonya- PLR  
**10:30 Walmart / Marshalls**  
1:30 \$1 Bingo – PDR

9:30 Mobility Video – PLR  
10:00 Communion – PGR  
**10-3 Chair Massage - PAR**  
1:00 Bridge – PDR  
**1:30 DIY Candles - PLR**  
2:30 Scrabble – PGR

9:30 Chair Exercise w/ Tonya- PLR  
10:30 Stretch & Move – PLR  
**10:30 Target**  
**1:30 Drumming for Wellness - PCY**  
3:00 Rummikub - PGR  
6:30 Mexican Train – PDR

10:00 Bible Study – GC  
1:00 Mahjong Game – PGR  
1:30 \$2 Bingo – PDR  
3:00 Doc & Wine - PLR

9:30 Chair Exercise w/ Tonya- PLR  
10:00 Bible Discussion- GC  
11:00 Lip Reading- PGR  
1:30 Water coloring- PAR  
**1:30 Greeters Committee Meeting**

9:30 Mindful Meditation - PLR  
10:30 Gentle Yoga – PLR  
**10:30 Book Club – PAR**  
11:30 Valentine Wreath Making - PAR  
12:00 Movie  
6:30 Mexican Train  
6:30 Movie- PLR

9:30 Church Rides  
9:30 Gentle Yoga – PLR  
10:30 Stretch & Move – PLR  
11:30 Heart & Flower Craft  
11:30 Walking Group  
12:00 Movie – PLR  
3:00 Hymn Singing  
6:30 Movie - PLR

9:30 Chair Exercise w/ Tonya- PLR  
1:30 \$1 Bingo – PDR  
**3:00 Rick Jarret - OLR**

9:30 Mobility Video – PLR  
10:00 Communion – PGR  
10:30 Banking w/ Brian  
**12-2 CWA Trishaw Passenger Rides**  
1:00 Bridge – PDR  
**1:30 Customized Picture Frames – PLR**  
2:30 Scrabble – PGR  
**5:00 New Resident Dinner Table - PDR**

9:30 Chair Exercise w/ Tonya- PLR  
10:30 Stretch & Move – PLR  
**10:00-12 Madonna Shopping Center (Kohls, Norstrom Rack, Ross, etc.)**  
3:00 Rummikub - PGR  
6:30 Mexican Train – PDR

10:00 Bible Study – GC  
1:00 Mahjong Game – PGR  
1:30 \$2 Bingo – PDR  
3:00 Doc & Wine - PLR

9:30 Chair Exercise w/ Tonya- PLR  
10:00 Bible Discussion- GC  
11:00 Lip Reading- PGR  
1:30 Water coloring- PAR

9:30 Mindful Meditation –  
10:30 Gentle Yoga  
**10:30 Memoir Workshop-PGR**  
12 :00 Movie  
3 :00 Village Voices  
6 :30 Mexican Train  
6 :30 Movie- PLR

9:30 Church Rides  
9:30 Gentle Yoga – PLR  
10:30 Stretch & Move – PLR  
11:30 Valentine Card Making – PAR  
11:30 Walking Group  
12:00 Movie – PLR  
6:30 Movie - PLR

9:30 Chair Exercise w/ Tonya- PLR  
**10:30 Trader Joes**  
**10:30 Grief, Loss Support Group – PCR**  
1:30 \$1 Bingo – PDR

9:30 Mobility Video – PLR  
10:00 Communion – PGR  
**10-3 Chair Massage - PAR**  
**11-11:30 New Bible Study w/ Rev vonSchmidt- PGR**  
1:00 Bridge – PDR  
**3-4pm Cocktail Party w/ Joy Bonner - OLR**  
2:30 Scrabble – PGR

9:30 Chair Exercise w/ Tonya- PLR  
10:30 Stretch & Move – PLR  
**3:30 Once Upon Short Story - PAR**  
3:00 Rummikub - PGR  
6:30 Mexican Train – PDR

10:00 Bible Study – GC  
1:00 Mahjong Game – PGR  
1:30 \$2 Bingo – PDR  
3:00 Doc & Wine - PLR

9:30 Chair Exercise w/ Tonya- PLR  
10:00 Bible Discussion- GC  
11:00 Lip Reading- PGR  
**11:00-3:00 The Beauty of Fiber Arts - OLR**  
1:30 Water coloring- PAR  
**3:00 Violet Peabody - PLR**



PLR= Palms Living Room PCR= Palms Community Room PAR= Palms Art & Crafts Room OT= Oaks Movie Theater PDR= Palms Dining Room ODR= Oaks Dining Room PGR= Palms Garden Room PCY= Palms Courtyard

## January Movies

**Movies will play in The Oaks Theater M-F @ 12pm and in The Palms Living Room @ 6:30pm.**

1. Carry On – PG-13/ 2024 / Netflix
2. The Peanut Butter Falcon – PG-13/ 2019 / Netflix
3. Charade – NR/ 1963 / Prime, YT, Apple TV
4. It Started in Naples – PG / 1960 / Prime, YT
5. Reagan – PG-13/ 2024 / Prime, Apple TV
6. To Kill a Mockingbird – NR/ 1962 / Prime, Apple TV
7. Rise of Planet of the Apes – PG-13/ 2024 / Prime, YT
8. Singing in the Rain – G / 1952 / Prime, Hulu
9. How to Steal a Million – NR /1966 / Prime, Apple TV
10. Mrs. Harris Goes to Paris – PG /2022 / Prime, Hulu
11. Citizen Kane – PG / 1941 / Prime, Apple TV
12. Oklahoma – G / 1955 / Prime, Apple TV
13. Reception Desk Choice!
14. Reception Desk Choice!
15. There's Something About Mary – R/ 1998 / Prime, Apple TV
16. Reception Desk Choice!
17. South Pacific – NR/ 1958 / Prime, Hulu, Apple TV
18. Reception Desk Choice!
19. The Mandela Effect – NR/ 2019 / Prime, Apple TV
20. Reception Desk Choice!
21. Reception Desk Choice!
22. A Star is Born – PG/ 1954 / Prime, Apple TV
23. Reception Desk Choice!
24. Gone With the Wind – G / 1939 / Prime, Hulu, YT, Apple TV
25. Reception Desk Choice!
26. Reception Desk Choice!
27. Rear Window – PG / 1954 / Prime, YT, Apple TV
28. Reception Desk Choice!
29. Reception Desk Choice!
30. The Man Who Knows Too Much – PG / 1956 / Prime, YT, Apple TV
31. Reception Desk Choice!

## January Campus Event

- 1/7 @12Noon – Trishaw Passenger Rides (Cycling Without Age)
- 1/12 @1:00 – Camp Fire Central Coast Salute to Veterans @ GC
- 1/14 @1:30 – DIY Candles
- 1/15 @1:30 – Drumming for Wellness
- 1/21 @12Noon – Trishaw Passenger Rides (Cycling Without Age)
- 1/21 @1:30 – Customized Picture Frames
- 1/31 @11:00 – 3:00 – The Beauty of Fiber Arts

## January Outings

- 1/8 @10:30 - Rock n Roll Diner / Pismo Monarch Butterflies
- 1/22 @10-12 - Madonna Shopping Center

## January Shopping

- 1/13 @10:30 - Walmart & Marshalls
- 1/15 @10:30 - Target
- 1/27 @10:30 - Trader Joes