



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:30 Chair Exercise w/ Tonya-PCR 10:30 Palms Association Meeting – PLR 1:00 Stencil Class by Anne Miller - PAR 1:30 \$1 Bingo- PDR 2:00 Stretch & Move -- PCR 3:00 Aqua Exercise – Oaks <small>Canada Day</small>	9:30 Mobility Video – PLR 10:00 Communion- PGR 1:00 Bridge- PCR 1:30 Tai chi video- OLR 3:00 Scrabble – PGR 3:00 4th of July Party ! - PLR 5:00 Welcome New Resident Table - PDR	9:30 Chair Exercise - PCR 10:30 Card Making- PAR 10:30 Rite Aid 2:00 Speaking Freely – PGR 2:30 Oaks Association Meeting – OT 6:30 Mexican Train - PDR	9:30 Yoga w/Mary Ann-PCR 9:30 Floral Favorites – Led by Joyce Cory 10:00 Bible study- GC 1:00 Mahjong Game- PGR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. & Wine- PLR <small>Independence Day (US)</small>	9:30 Chair Exercise w/ Tonya- PCR 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring- PAR 3:00 Les Beck Duo - PLR	9:30 Mindful Meditation - PCR 10:30 Gentle Yoga- PCR 12:00 Movie- PLR 1:30 Arts and Crafts 2:00 Frank Loyd – Genius & Narcissist by Jerry Breakstone - PLR 6:30 Movie- PLR 3:00 Aqua Exercise – Palms 6:30 Mexican Train	
9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly – OLR 3:30 Hymn Singing - PLR 6:30 Movie- PLR	9:30 Chair Exercise w/ Tonya- PCR 4:30 \$1 Bingo- PDR 2:00 Stretch & Move -- PCR 3:00 Aqua Exercise – Oaks 2:00 Central Coast Follies – GARDEN CREEK LIVING ROOM	9:30 Mobility Video – PLR 10:00 Communion- PGR 10-3 Chair Massage - PAR 10:30 Banking 1:00 Bridge- PCR 1:30 Tai chi Video- OLR 3:00 Scrabble – PGR	9:30 Chair Exercise - PCR 10:30 Craft & Chat- PAR 10:30 Walmart & Marshalls (LIMITED SPOTS) 2:00 Memoir Workshop- PCR 6:30 Mexican Train - PDR	9:30 Yoga w/Mary Ann- PCR 10:00 Bible study- GC 11:00 Book Mobile - GC 1:00 Mahjong Game- PGR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. & Wine- OT	9:30 Chair Exercise w/ Tonya- PCR 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring- PAR	9:30 Mindful Meditation - PCR 10:30 Gentle Yoga- PCR 12:00 Movie- PLR 1:30 Arts and Crafts 6:30 Movie- PLR 3:00 Villages Voices 3:00 Aqua Exercise – Palms 6:30 Mexican Train	
9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly – OLR 6:30 Movie- PLR	9:30 Chair Exercise w/ Tonya- PCR 1:30 \$1 Bingo- PDR 2:00 Stretch & Move -- PCR 3:00 Aqua Exercise – Oaks 3:00 Preparation for End-of-Life Presentation - PLR	9:30 Mobility Video – PLR 10:00 Communion- PGR 1:00 Bridge- PCR 1:30 Tai chi video- OLR 1:30 DIY Butterfly Keychain (Diamond Painting) 3:00 Scrabble – PGR 5:00 Welcome New Resident Table - PDR	9:30 Chair Exercise - PCR 10:30 Card Making – PAR 10:30 Target 2:00 Speaking Freely - PGR 3:00 Scrabble – OLR 6:30 Mexican Train - PDR	9:30 Yoga w/Mary Ann- PCR 10:00 Bible study- GC 1:00 Mahjong Game- PGR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. & Wine- PLR	9:30 Chair Exercise w/ Tonya- PCR 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:00 Greeters Committee Meeting- PLR 3:00 The Mardales - PLR	9:30 Mindful Meditation - PCR 10:30 Gentle Yoga- PCR 12:00 Movie- PLR 1:30 Arts and Crafts 6:30 Movie- PLR 3:00 Aqua Exercise – Palms 6:30 Mexican Train	
9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly – OLR 3:30 Hymn Singing - PLR 6:30 Movie- PLR	9:30 Chair Exercise w/ Tonya- PCR 10:30 Trader Joes 1:30 \$1 Bingo- PDR 2:00 Stretch & Move -- PCR 3:00 Aqua Exercise – Oaks 3:00 Rick Jarrett - OLR	9:30 Mobility Video – PLR 10:00 Communion- PGR 10-3 Chair Massage - PAR 10:30 Banking 1:00 Bridge- PCR 1:30 Tai chi video- OLR 3:00 Scrabble – PGR 3:00 Birthday Cocktail Party w/ Joy Bonner! -OLR	9:30 Chair Exercise – PCR 9:30 Solvang Trip 10:30 Craft & Chat- PAR 2:00 Memoir Workshop- PCR 6:30 Mexican Train - PDR	9:30 Yoga w/Mary Ann- PCR 10:00 Bible study- GC 1:00 Mahjong Game- PGR 1:30 \$2 Bingo- PDR 1:30 Tai Chi video- OLR 3:00 Doc. & Wine- OT	9:30 Chair Exercise w/ Tonya- PCR 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring- PAR 1-4 pm 3D Many Dimensions of Art & Crafts- OLR	9:30 Mindful Meditation – PCR 10:30 Gentle Yoga – PCR 10:30 Book Club- PAR 12:00 Movie- PLR 4:30 Arts and Crafts 6:30 Movie- PLR 3:00 Villages Voices 3:00 Aqua Exercise – Palms 6:30 Mexican Train 10-4pm 3D Many Dimensions of Art & Craft - OLR	
9:00 Church Rides 9:30 Workout Video- PLR 11:30 Walking group 12:00 Movie- PLR 2:00 Prayer Meeting w/Melly – OLR 6:30 Movie- PLR	9:30 Chair Exercise w/ Tonya- PCR 1:30 \$1 Bingo- PDR 2:00 Stretch & Move -- PCR 3:00 Aqua Exercise – Oaks	9:30 Mobility Video – PLR 10:00 Communion- PGR 1:00 Bridge- PCR 1:30 Tai chi video- OLR 2:00-3:00 Ladies Tea Party - OLR 3:00 Scrabble – PGR	9:30 Chair Exercise - PCR 10:30 Arts & Crafts- PAR 5:00 Once Upon A Short Story - PDR 6:30 Mexican Train – PDR	 <p style="text-align: center;">JULY 2024</p> <p style="text-align: center;">Life Enrichment Assistances- activities@villagesofslo.com</p>			

PLR = Palms Living Room PCR = Palms Community Room PAR = Palms Arts & Crafts Room OT = Oaks Movie Theater PDR = Palms Dining Room ODR = Oaks Dining Room PGR = Palms Garden Room PCY = Palms Courtyard

July Movies

MON-FRI in The Oaks Theater @ 12pm and The Palms Living Room @6:30pm

1. Diane Avon Furstenberg – 2024 / Hulu
2. Crazy in Alabama – 1999 / Apple Tv
3. The Quiet Girl – 2022 / Hulu
4. Born on the Fourth of July – 1989 / Netflix
5. Yankee Doodle Dandy – 1942 / Apple Tv
6. Walk to Remember – 2002 / Netflix, Peacock
7. Race – 2016 / Netflix
8. Nickelback – 2023 / Netflix
9. A Dangerous Method – 2011 / Apple Tv
10. Harriet – 2019 / Netflix
11. Pearl: An X-traordinary Origin Story – 2022 / Prime
12. The Age of Adeline – 2015 / Prime
13. The Kids Are All Right – 2010 / Prime
14. Patriots – 2016 / Netflix
15. Rescued by Ruby – 2022 / Netflix
16. Bull Hurham – 1988 / Prime
17. For Love of The Game – 1999 / Prime
18. Dead Reckoning – 1947 / Prime
19. The Power of The Dog – 2021 / Netflix
20. The Asphalt Jungle – 1950 / Prime
21. Rebecca – 2020 / Netflix
22. The Other Boleyn Girl – 2008 / Netflix
23. The Bad and The Beautiful – 1952 / Prime
24. An American in Paris – 1951 / Prime
25. Chorus Line – 1985 / Prime
26. The Adam Project – 2022 / Netflix
27. Late Bloomer – 1996 / Netflix
28. Trigger Warning – 2024 / Netflix
29. The Big Heat – 1953 / Prime
30. Ziegfeld Follies – 1946 / Prime
31. The Greatest Night in Pop – 2024 / Netflix

July Campus Events

- Stencil Class 7/1 @1:00
- 4th of July Party 7/2 @3:00
- Floral Favorites 7/4 @9:30am
- Frank Loyd – Genuis & Narcissist by Jerry Breakstone 7/6 @ 2:00
- Central Coast Follies 7/8 @2:00 (Garden Creek)
- End-of-Life Presentation 7/15 @3:00
- DIY Butterfly Keychain 7/16 @1:30
- 3D Many Dimensions of Arts & Crafts
7/26 1-4pm – 7/27 10am-4pm
- Ladies Tea 7/30 @2:00-3:00

July Shopping

- Rite Aid 7/3 @ 10:30
- Walmart / Marshalls 7/10 @ 10:30
- Target 7/17 @ 10:30
- Trader Joes 7/22 @ 10:30

July Outings

- Solvang Trip 7/24 @9:30am-4:00pm

July Birthdays

- Wonda Johnson 7/2
- Marion Tinglof 7/13
- Patricia Ramsay 7/17
- Beverly Caminiti 7/25
- Necia Apfel 7/31
- Terry Cramer 7/6
- LeRoy Mackey 7/13
- Ruth Grant 7/20
- Elizabeth Salzgerber 7/27

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