

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# NOVEMBER 2024

activities@villagesofslo.com

					<p>9:30 Chair Exercise w/ Tonya- PCR 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring- PAR</p> <p style="text-align: center;">Diwali (Hindu)</p>	
<p>9:00 Church Rides <b>3</b> 9:30 Gentle Yoga - PCR 10:30 Stretch &amp; Move - PCR 11:30 Sunflower Windmill / Craft &amp; Chat – PAR 11:30 Walking group 12:00 Movie- PLR 3:30 Hymn Singing - PLR 6:30 Movie- PLR</p> <p style="text-align: center;">Daylight Saving Time Ends</p>	<p>9:30 Chair Exercise w/ Tonya- PCR <b>4</b> <b>10:30 Palms Association Meeting</b> 1:30 \$1 Bingo – PDR <b>3:00 Hal Swasey - PLR</b></p>	<p>9:30 Mobility Video – PCR <b>5</b> <b>10-3 Chair Message - PAR</b> 10:00 Communion – PGR <b>10:30 COVID Vaccine - PCR</b> 10:30 Banking w/ Brian 1:00 Bridge – PDR 2:30 Scrabble – PGR</p>	<p>9:30 Chair Exercise w/ Tonya- PCR <b>6</b> 10:30 Stretch &amp; Move - PCR <b>10:30 Rite Aid</b> <b>2:30 Oaks Association Meeting – OT</b> 6:30 Mexican Train - PDR</p>	<p>10:00 Bible Study - GC <b>7</b> 1:00 Mahjong Game – PGR 1:30 \$2 Bingo – PDR 3:00 Doc &amp; Wine - OT</p>	<p>9:30 Chair Exercise w/ Tonya- PCR <b>8</b> 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring- PAR <b>3:00 Jody Mulgrew - PLR</b></p>	<p>9:30 Mindful Meditation <b>2</b> 10:30 Gentle Yoga - PCR 11:30 Beaded Necklace / Craft &amp; Chat - PAR 12:00 Movie- PLR 6:30 Mexican Train 6:30 Movie- PLR</p>
<p>9:00 Church Rides <b>10</b> 9:30 Gentle Yoga - PCR 10:30 Stretch &amp; Move - PCR 11:30 Beading Fun/ Craft &amp; Chat – PAR 11:30 Walking group 12:00 Movie- PLR 6:30 Movie- PLR</p>	<p>9:30 Chair Exercise w/ Tonya- PCR <b>11</b> <b>12:00 Veterans Day Luncheon (by invitation)</b> 1:30 \$1 Bingo - PDR <b>3:00 Rick Jarret - OLR</b></p> <p style="text-align: center;">Veterans Day Remembrance Day (Canada)</p>	<p>9:30 Mobility Video – PCR <b>12</b> 10:00 Communion – PGR <b>10:00-12 Cycling Without Age – Meet at Front Desk</b> 1:00 Bridge – PDR <b>2:00 Pumpkin Succulents -PLR</b> 2:30 Scrabble – PGR</p>	<p>9:30 Chair Exercise w/ Tonya- PCR <b>13</b> <b>10:00 Staying Independent and In Charge Presentation - PLR</b> 10:30 Stretch &amp; Move – PCR <b>11:45 Cocktail Boat Cruise in Morro Bay</b> 6:30 Mexican Train - PDR</p>	<p>10:00 Bible Study – GC <b>14</b> <b>10:00 Cal Poly Preschool Visit</b> 11:00 Book Mobile - GC 1:00 Mahjong Game – PGR 1:30 \$2 Bingo – PDR 3:00 Doc &amp; Wine - PLR</p>	<p>9:30 Chair Exercise w/ Tonya- PCR <b>15</b> 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR <b>11:30 Financial Planning Seminar - PLR</b> 1:30 Water coloring- PAR <b>2:30 Spiked &amp; Non-Alcoholic Apple Cider! - PLR</b></p>	<p>9:30 Mindful Meditation <b>16</b> 10:30 Gentle Yoga - PCR <del>11:30 NO Craft &amp; Chat</del> 12:00 Movie- PLR 6:30 Mexican Train 6:30 Movie- PLR</p>
<p>9:00 Church Rides <b>17</b> 9:30 Gentle Yoga - PCR 10:30 Stretch &amp; Move - PCR 11:30 Holiday Foral Craft – PAR 11:30 Walking group 12:00 Movie- PLR 3:30 Hymn Singing - PLR 6:30 Movie- PLR</p>	<p>9:30 Chair Exercise w/ Tonya- PCR <b>18</b> <b>10:30 Walmart &amp; Marshalls</b> 1:30 \$1 Bingo - PDR</p>	<p>9:30 Mobility Video – PCR <b>19</b> <b>10-3 Chair Message - PAR</b> 10:00 Communion – PGR 10:30 Banking w/ Brian 1:00 Bridge – PDR 2:30 Scrabble – PGR <b>3:00 Cocktail Party w/ Brian Black - OLR</b></p>	<p>9:30 Chair Exercise w/ Tonya- PCR <b>20</b> <b>10:30 Target</b> 10:30 Stretch &amp; Move - PCR <b>1:30 Drumming for Wellness- PCY</b> 6:30 Mexican Train - PDR</p>	<p>10:00 Bible Study – GC <b>21</b> <b>11:30 Steel Magnolias Play Reeding with Sheridan Cole -PGR</b> 1:00 Mahjong Game – PGR 1:30 \$2 Bingo – PDR 3:00 Doc &amp; Wine - OT</p>	<p>9:30 Chair Exercise w/ Tonya- PCR <b>22</b> 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring- PAR <b>3:00 Mike Campbell - PLR</b></p>	<p>9:30 Mindful Meditation <b>23</b> <b>10:30 Memoir Workshop - PGR</b> 10:30 Gentle Yoga - PCR 10:30 Book Club - PAR 11:30 Holiday Wreath Making - PAR 12:00 Movie- PLR 3:00 Village Voices 6:30 Mexican Train 6:30 Movie- PLR</p>
<p>9:00 Church Rides <b>24</b> 9:30 Gentle Yoga- PCR 10:30 Stretch &amp; Move - PCR 11:30 Holiday Card Making – PAR 11:30 Walking group 12:00 Movie- PLR 6:30 Movie- PLR</p>	<p>9:30 Chair Exercise w/ Tonya- PCR <b>25</b> <b>10:30 Trader Joes</b> <b>10:30 Grief &amp; Loss Support Group - PGR</b> 1:30 \$1 Bingo - PDR</p>	<p>9:30 Mobility Video – PCR <b>26</b> 10:00 Communion – PGR 1:00 Bridge – PDR <b>2:00 Caramel Apple Bar - PLR</b> 2:30 Scrabble – PGR</p>	<p>9:30 Chair Exercise w/ Tonya- PCR <b>27</b> 10:30 Stretch &amp; Move - PCR <b>10:30 Huckleberry Brunch / Pismo Outlets!</b> <b>5:00 Once Upon A Short Story</b> 6:30 Mexican Train - PDR</p>	<p>10:00 Bible Study - GC <b>28</b> 1:00 Mahjong Game – PGR 1:30 \$2 Bingo – PDR 3:00 Doc &amp; Wine - PLR</p>	<p>9:30 Chair Exercise w/ Tonya- PCR <b>29</b> 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 1:30 Water coloring- PAR <b>3:00 Tim Pacheco - PLR</b></p>	<p>9:30 Mindful Meditation <b>30</b> 10:30 Gentle Yoga - PCR 11:30 Bag &amp; Zipper / Craft &amp; Chat - PAR 12:00 Movie- PLR 6:30 Mexican Train 6:30 Movie- PLR</p>

Thanksgiving Day

PLR= Palms Living Room PCR= Palms Community Room PAR= Palms Art & Crafts Room OT= Oaks Movie Theater PDR= Palms Dining Room ODR= Oaks Dining Room PGR= Palms Garden Room PCY= Palms Courtyard

## November Movie List

Movies will play in **The Oaks Theater M-F @ 12pm** and in **The Palms Living Room @ 6:30pm.**

**Weekends in The Palms Living Room @ 12pm and 6:30pm.**

- |   |  |
|---|--|
| 1. Wicked Little Letters – Netflix 2023 / 1h 40m                      | 29. Breakfast at Tiffany's – Prime 1964 / 1h 55m |
| 2. Holiday – Prime 1938 / 1h 35m                                      | 30. The Cable Guy – Prime, Hulu 1996 / 1h 36m    |
| 3. Hometown Story – Prime 1951 / 1h 1m                                | 31. You've Got Mail – Prime 1998 / 1h 56m        |
| 4. What's Love got to do with it? – Hulu 1993 / 1h 58m                |  |
| 5. The Things You Do! – Hulu 1996 / 1h 50m                            |  |
| 6. That Touch of Mink – Prime 1962 / 1h 35m                           |  |
| 7. The Courier – Hulu 2020 / 1h 51m                                   |  |
| 8. Hold That Woman! – Prime 1940 / 58m                                |  |
| 9. 30 for 30: Broke – Netflix 2012 / 1h 16m                           |  |
| 10. Reigh Over Me – Prime 2007 / 2h 3m                                |  |
| 11. Robin Hood Men in Tights – Hulu 1993 / 1h 44m                     |  |
| 12. Footloose – Hulu, Prime 1984 / 1h 50m                             |  |
| 13. Yak In the Classroom – Prime, Apple TV 2019 / 1h 49m              |  |
| 14. From Russia with Love – Prime 1964 / 1h 50m                       |  |
| 15. Marley & Me – Hulu 2008 / 1h 56m                                  |  |
| 16. Red Dragon – Netflix 2002 / 2h 4m                                 |  |
| 17. Rhythm in the Clouds – Prime 1937 / 53m                           |  |
| 18. Pride of the Yankees – Prime 1943 / 2h 8m                         |  |
| 19. Mrs. Doubtfire – Hulu 1993 / 2h 5m                                |  |
| 20. The Terminal – Netflix 2004 / 2h 9m                               |  |
| 21. O Brother, Where art thou? – Hulu 2000 / 1h 26m                   |  |
| 22. Only Angels Have Wings – Prime 1939 / 1h 56m                      |  |
| 23. The Book Club – Netflix 2018 / 1h 44m                             |  |
| 24. Catching Fire: The Story of Anita Pallenberg – Hulu 2024 / 1h 50m |  |
| 25. The Family Man – Netflix 2000 / 2h 5m                             |  |
| 26. The Sixth Sense – Hulu 1999 / 1h 47m                              |  |
| 27. Hatchi: A Dogs Tale – Prime 2009 / 1h 9m                          |  |
| 28. Gifted – Prime 2010 / 1h 41m                                      |  |

## November Campus Events

- COVID Vaccine 11/5 @10:30
- Podiatrist 11/9 @10:30
- Veterans Day Luncheon 11/11 @10:30
- Cycling Without Age 11/12 @10:00
- Pumpkin Succulents 11/12 @2:00
- Spiked / Non Alcoholic Apple Cider 11/15 @2:30
- Drumming for Wellness 11/20 @1:30
- Caramel Apple Bar 11/26 @2:00

## November Shopping

- Rite Aid 11/6 @10:30
- Walmart / Marshalls 11/18 @10:30
- Target 11/20 @10:30
- Trader Joes 11/25 @10:30

## November Outings

- Cocktail Boat Cruise in Morro Bay 11/13 @11:45
- Cal Poly Preschool Visit 11/14 @10:00
- Huckleberry Brunch/ Pismo Beach Outlets 11/27 @10:30

## November Birthdays

- Jeanne Syvertsen 11/3
- Bruce Blackerby 11/14
- Barth Carole 11/15
- Robert Gallagher 11/20
- Jayron Perez 11/20
- Jessica Burchett 11/21
- Charlotte Gravlee 11/22
- Richard Stewart 11/29
- Robert Hopper 11/30