

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025

activities@villagesofslo.com

<p>9:30 Church Rides 9:30 Exercise Video – PLR 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 12:00 Movie – PLR 2:00 SLO Wind Symphony 3:30 Hymn Singing -- PLR 6:30 Movie - PLR</p>	<p>9:30 Exercise w/ Tonya – PLR 10:30 Palms Association Meeting - PLR 12:00 Movie – OT 1:30 \$1 Bingo – PDR 1:30 Memoir Workshop-PGR 2-4 Tech Support w/ Nancy – PLR 6:30 Movie - PLR</p>	<p>9:30 Mobility Video – PLR 10:00 Communion – PGR 10:30 Banking w/ Brian 11:30 Bible Study – PGR 12-2 CWA Trishaw Rides 1:00 Bridge – PDR 2:30 Scrabble – PGR 3:00 Mardi Gras Party – PLR 5:00 New Residents Table– PDR</p>	<p>9:30 Exercise w/ Tonya - PLR 10:30 Rite Aid 1:30 Drumming for Wellness-PCY 2:30 Oaks Assoc. Mtg. – OT 3:00 Rummikub - PGR 6:30 Mexican Train – PDR 6:30 The Man on the Inside, TV Series - PLR</p>	<p>9:30 Yoga w/Lesley - PLR 10:00 Bible Study – GC 12:00 Movie – OT 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – PLR 6:30 Movie - PLR</p>	<p>9:30 Exercise w/ Tonya- PLR 10:00 Bible Discussion- GC 10:00 Watercolor Art Opening - PDR 11:00 Lip Reading- PGR 1:30 Water coloring- PAR 3:00 Abstract Art & Music Talk & Performance w/ Timo 6:30 Movie - PLR</p>	<p>9:30 Mindful Meditation – PLR 10:30 Gentle Yoga – PLR 9:30 Exercise Video - PLR 11:30-12:30 Walking w/ Sammy 1:00 Art with Flo(w) – PAR 2:00 Father/Daughter Piano w/ The Marchbanks - PLR 6:30 Mexican Train</p>
<p>9:30 Church Rides 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Spring Card Making– PAR 12:00 Movie – PLR 3:00 Chemistry Magic Show W Cal Poly Students - PLR 6:30 Movie - PLR</p>	<p>9:30 Chair Exercise w/ Tonya- PLR 10:30 Walmart/Marshalls 12:00 Movie - OT 1:30 \$1 Bingo – PDR 2:30 Wine Mixer - PLR 3:00 Rick Jarrett, Vocals – PLR 6:30 Movie - PLR</p>	<p>9:30 Mobility Video – PLR 10:00 Communion – PGR 10-3 Chair Massage – PCR 1:00 Bridge – PDR 1:30-3:00 Art w/ Timo – PAR 2:30 Scrabble – PGR 3:15 Healing Touch Presentation & Demo - PLR 6:30 Movie - PLR</p>	<p>9:30 Chair Exercise w/ Tonya- PLR 11:00 Sculpterra Winery 3:00 Rummikub - PGR 6:30 Mexican Train – PDR 6:30 The Man on the Inside, TV Series - PLR</p>	<p>9:30 Yoga w/Lesley - PLR 10:00 Bible Study – GC 11:00 Book Mobile - GC 12:00 Movie – OT 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – PLR 6:30 Movie - PLR</p>	<p>9:30 Exercise w/ Tonya- PLR 10:00 Bible Discussion- GC 12:00 Movie – OT 11:00 Lip Reading- PGR 1:30 Water coloring- PAR 3:00 Tim Pacheco, Guitar/ Vocals – OLR 6:30 Movie - PLR</p>	<p>9:30 Mindful Meditation - PLR 10:30 Gentle Yoga – PLR 11:30 Beading Necklaces – PAR 11:30-12:30 Walking w/ Sammy 12:00 Movie - PLR 1:00 Art with Flo(w) - PAR 6:30 Mexican Train 6:30 Movie- PLR</p>
<p>9:30 Church Rides 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Beading Fun/Bracelets and Earrings – PAR 12:00 Movie – PLR 3:30 Hymn Singing - PLR 6:30 Movie - PLR</p>	<p>9:30 Chair Exercise w/ Tonya- PLR 10:00 Braille Presentation – PCR 12:00 Movie - OT 1:30 Memoir Workshop-PGR 1:30 \$1 Bingo – PDR 3:00 St. Patrick's Day Party w/ Delta Gamma Students - PLR</p>	<p>9:30 Mobility Video – PLR 10:00 Communion – PGR 10-3 Free Healing Touch - PCR 10:30 Banking w/ Brian 12-2 CWA Trishaw Rides 1:00 Bridge – PDR 1:30-3:00 Art w/ Timo – PAR 2:30 Scrabble – PGR 5:00 New Residents Table–</p>	<p>9:30 Chair Exercise w/ Tonya 10:30 Target 12:00 Movie – OT 1:30 Drumming for Wellness-PCY 3:00 Rummikub - PGR 6:30 Mexican Train – PDR 6:30 The Man on the Inside, TV Series - PLR</p>	<p>9:30 Yoga w/Lesley - PLR 10:00 Bible Study – GC 12:00 Movie – OT 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – PLR 6:30 Movie - PLR</p>	<p>9:30 Chair Exercise w/ Tonya 10:00 Bible Discussion- GC 11:00 Lip Reading- PGR 12:00 Movie – OT 1:00 Greeters Committee Meeting - PGR 1:30 Water coloring- PAR 6:30 Movie - PLR</p>	<p>9:30 Mindful Meditation - PLR 10:30 Gentle Yoga - PLR 11:30 Card Making - PAR 12:00 Movie – PLR 1:00 - Melodrama 3:00 Village Voices – PLR 6:30 Mexican Train 6:30 Movie - PLR</p>
<p>9:30 Church Rides 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Sun Catchers – PAR 12:00 Movie – PLR 6:30 Movie - PLR</p>	<p>9:30 Chair Exercise w/ Tonya- PLR 12:00 Movie - OT 1:30 \$1 Bingo – PDR 2-4 Tech Support w/ Nancy – PLR 6:30 Movie - PLR</p>	<p>9:30 Mobility Video – PLR 10:00 Communion – PGR 10-3 Chair Massage – PCR 11:30 Bible Study - PGR 1:00 Bridge – PDR 1:30-3:00 Art w/ Timo - PAR 2:30 Scrabble – PGR 3:00 Bday Dance Party -OLR 6:30 Movie - PLR</p>	<p>9:30 Exercise w/ Tonya- PLR 10:30 Thrift Stores & Finney's Lunch Outing 3:00 Rummikub – PGR 5:30 Once Upon A Story - PDR 6:30 Mexican Train – PDR 6:30 The Man on the Inside, TV Series - PLR</p>	<p>9:30 Yoga w/Lesley - PLR 10:00 Bible Study – GC 12:00 Movie – OT 1:30 \$2 Bingo – PDR 3:00 Doc & Wine – PLR 6:30 Movie - PLR</p>	<p>9:30 Chair Exercise w/ Tonya- PLR 10:00 Bible Discussion- GC 12:00 Movie – OT 11:00 Lip Reading - PGR 1:30 Water coloring - PAR 6:30 Movie - PLR</p>	<p>9:30 Mindful Meditation - PLR 10:30 Gentle Yoga – PLR 10:30 Book Club (Harlem Shuffle) - PAR 11:30 Spring Yard Stakes – PAR 11:30-12:30 Walking w/Sammy 1:30-3 Podiatrist - PCR 6:30 Mexican Train 6:30 Movie- PLR</p>
<p>9:30 Church Rides 9:30 Gentle Yoga – PLR 10:30 Stretch & Move – PLR 11:30 Windmills – PAR 12:00 Movie – PLR 3:30 Hymn Singing - PLR 6:30 Movie - PLR</p>	<p>9:30 Chair Exercise w/ Tonya- PLR 10:30 Trader Joes 10:30 Grief & Loss Support Group – PCR 12:00 Movie - OT 1:30 \$1 Bingo – PDR 3:00 Copper Canyon Talk w/ Dennis Wheeler – PLR</p>					

PLR= Palms Living Room PCR= Palms Community Room PAR= Palms Art & Crafts Room OT= Oaks Movie Theater PDR= Palms Dining Room ODR= Oaks Dining Room PGR= Palms Garden Room PCY= Palms Courtyard

March Movies

Movies will play in The Oaks Theater M-F @ 12pm and in The Palms Living Room @ 6:30pm.

1. Leap Year – PG / 2010 / Prime
2. Mary Poppins – G / 1964 / Disney +
3. Notting Hill – Not Rated / 2005 / Prime
4. Mrs. Palfrey at the Claremont – Not Rated / 2005 / Prime
5. Michael Collins – R / 1996 / Prime
6. The Miracle Club – PG-13 / 2023 / Netflix
7. Shirley – PG-13 / 2024 / Netflix
8. Sing Street – PG-13 / 2016 / Netflix
9. Heroes – PG / 1977 / Netflix
10. The Mighty Celt – Not Rated / 2010 / Prime
11. Awakenings – PG-13 / 1990 / Netflix
12. This is the Sea – R / 1997 / Prime
13. It's a Mad, Mad, Mad, Mad World – G / 1963 / Prime
14. On Golden Pond – PG / 1981 / Prime
15. The Greatest Showman – PG / 2017 / Hulu, Disney +
16. The Sting – PG / 1973 / Netflix
17. Darby O'Gill and the Little People – G / 1959 / Disney +
18. The Secret Garden – PG / 1993 / Prime
19. Book Club – PG-13 / 2018 / Netflix
20. The Straight Story – G / 1999 / Disney +
21. Moonstruck – PG / 1987 / Prime
22. The Devil Wears Prada – PG-13 / 2006 / Prime
23. The Long Game – PG / 2023 / Netflix
24. You've Got Mail – PG / 1998 / Hulu
25. Tender Mercies – PG / 1983 / Prime
26. Thelma – PG-13 / 2024 / Hulu
27. 10 Things I Hate About You – PG-13 / 1999 / Disney +
28. Groundhog Day – PG / 1993 / Prime
29. Tuck Everlasting – PG / 2002 / Disney +
30. Little Miss Sunshine – R / 2006 / Hulu, Disney +
31. This Beautiful Fantastic – PG / 2016 / Prime

March Campus Event

- Tech Support with Nancy 3/3, 3/24 @ 2-4pm – PLR
- Cycling Without Age Trishaw Rides 3/4, 3/18 @ 12-2pm – Lobby
- The Man on The Inside, TV Series 3/5, 3/12, 3/19, 3/26 @ 6:30 PLR
- Mardi Gras Party 3/4 @ 3:00pm – PLR
- Drumming For Wellness 3/5, 3/19 @ 1:30pm – PCY
- Watercolor Art Opening 3/7 @ 10am - PDR
- Abstract Art & Music Talk Performance w/ Timo 3/7 @ 3:00pm - PLR
- Chemistry Magic Show 3/9 @ 3:00pm – PLR
- Wine Mixer 3/10 @ 2:30pm – PLR
- Abstract Art w/ Timo 3/11, 3/18, 3/25 @ 1:30-3:00pm – PAR
- Healing Touch Demo/ Presentation 3/11 @ 3:15pm – PLR
- Braille Presentation 3/17 @ 10:00am – PCR
- St. Patrick's Day Party w/ Delta Gamma Students 3/17 @ 3:00pm – PLR
- Free Healing Touch 3/18 @ 10-3pm -PCR
- Bday DJ Dance Party 3/25 @ 3:00pm – OLR
- Podiatrist 3/29 @ 1:30-3pm – PCR
- Copper Canyon Presentation with Dennis Wheeler 3/31 @ 3:00pm – PLR

March Outings

- SLO Winds Symphony 3/2 @ 2:00pm
- Symphony Rehearsal 3/8 @ 11:00pm
- Symphony Performance 3/8 @ 6:30pm
- Sculpterra Winery 3/12 @ 11:00am
- Melodrama 3/22 @ 1:00pm
- Thrift Stores & Finney's Lunch Outing 3/26 @ 10:30am

March Shopping

- Rite Aid 3/5 @ 10:30am
- Walmart/Marshalls 3/10 @ 10:30am
- Target 3/19 @ 10:30am
- Trader Joe's 3/31 @ 10:30am